LOCAL ORGANIZATIONS AFTER MASTECTOMIES

SUPPORT WOMEN

By Terrence Casey

In times of need, community support can make all the difference. Two local organizations, Pockets of Hope and the GFWC Junior Woman's Club of Springfield, are dedicated to providing comfort and aid to women recovering from mastectomy surgery.

Pockets of Hope is a heartfelt initiative born out of a personal experience. On January 5, 2022, the founder's mother underwent a mastectomy after her second breast cancer diagnosis. A hoodie with inside pockets was donated to her to hold the drainage tubes used during recovery. The comfort it provided was essential, but the high cost of similar hoodies was a concern. Determined to help other women in similar situations, the founder began purchasing hoodies, sewing pockets on the inside, and donating them for free to anyone in need.

In 2024, Pockets of Hope created an impressive 6,149 hoodies, all thanks to the dedication of volunteers and supporters. Each hoodie is a product of collective effort, from cutting and ironing the fabric to sewing and distributing the finished product. As shared in a recent Facebook post, "Every step matters and every person plays a role in helping our mission."

Looking ahead, the organization remains committed to its mission. "Our

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In 2024, Pockets of Hope created as many sweatshirts as it had in the previous two years combined. Courtesy of Pockets of Hope.



In early March, 165 mastectomy sweatshirts were created at a volunteer event. Courtesy of Pockets of Hope.







In February, the GFWC Junior Woman's Club of Springfield came together to cut, pin, sew, stuff, and stitch more than 60 mastectomy pillows. Courtesy of GFWC Junior Woman's Club of Springfield

mission for 2025 stays the same: to help as many women recovering from their mastectomy as possible. To say we can't wait to see what next year has in store for us would be an understatement. Thank you so much for all of your help and support, we couldn't do it without you!"

Another local organization making a significant impact is the GFWC Junior Woman's Club of Springfield. In February, club members came together to cut, pin, sew, stuff, and stitch over 60 mastectomy pillows. This effort exceeded last year's total and saw enthusiastic participation from new members, said member Nancy Brown. The pillows will be donated to Riddle Hospital, providing much-needed comfort to women recovering from mastectomy surgery.

Established in 1952, the GFWC Junior Woman's Club of Springfield is a vibrant non-profit organization comprising diverse women from all over Delaware County. The club's mission is simple yet profound: to smile, help others, have fun, raise money for charity, promote community awareness, and foster long-standing friendships. This unique blend of service and camaraderie has made the club a community cornerstone for over seven decades.

The club offers a range of social and recreational activities, including a Book Club, Health & Fitness Outings, Murder Mystery Nights, St. Patrick's Day Party, and Happy Hours. These events allow members to bond, relax, and enjoy themselves while contributing to the community.

For more information or to support their cause, visit Pockets of Hope at www.pocketsofhope.com or contact the GFWC Junior Woman's Club of Springfield at springfieldjwc@gmail.com.



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